



Mountains of Groceries

Common Grocery Items

Fresh Produce

Apples
Bananas
Oranges
Grapes
Berries
Tomatoes
Onions
Potatoes
Lettuce
Carrots
Celery
Broccoli
Zucchini
Cucumber
Peppers
Mushrooms
Avocado
Other

Deli

Sandwich meats
Sliced cheese
Hard cheese
Hard meats (salami, pepperoni etc.)
Hummus
Other

Breads

Sliced bread
Baguettes
Bagels
Muffins/scones/donughts
Rolls
Other

Snacks

Crackers
Cookies
Granola bars
Nuts
Dried fruit
Chips
Jerkey
Pop corn
Other

Breakfast Items

Cereal
Coffee
Tea
Breakfast meats
Oatmeal
Pancake/waffle mix
Other

Dairy

Milk
Eggs
Butter/margarine
Yogurt
Cottage Cheese
Half and Half
Sour cream
Other

Meat

Chicken
Hamburger
Steaks
Games meats
Fish
Turkey
Sausage
Other

Frozen

Ice Cream
Novelties (popcicles, etc.)
Pizzas
Dinners
Other

Condiments

Ketchup
Mustard
Mayonnaise
Relish
Salad Dressing
Maple Syrup
Peanut butter
Jelly
BBQ sauce
Other

Cooking Items

Oil
Vinegar
Salt/Pepper
Spices
Pasta
Rice
Other

Baking Items

Sugar
Flour
Baking soda
Baking powder
Sugar substitute
Cake/brownie mix
Other

Cans and Jars

Tuna
Salsa
Canned fruits and veggies
Spaghetti sauce
Other

Drinks

Sodas
Juices
Teas
Energy
Other

Paper Products

Toilet Paper
Paper Towels
Kleenex
Napkins
Paper Plates
Plastic cutlery
Ziploc bags
Foil
Plastic wrap
Other

Household Items

Batteries
Film
Cleaning products
Dish soap
Sponge
Hand soap
Other

Personal Items

Soap
Shampoo/Conditioner
Lotion
First Aid Items
Feminine Products
Cold Care
Pain Relievers
Baby products
Other

Alcohol

Beer
Wine
Liquor
Mixers
Other

